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14 DAY END TO END LARAPINTA TRAIL TREK
14 DAYS | 250KM

THE LARAPINTA TRAIL IS PART OF A STRONG, ANCIENT AND FASCINATING LANDSCAPE. FOR US THE TRAIL PROVIDES AN AVENUE TO BE PART OF THE LAND AND FEEL ENRICHED BY THIS EXPERIENCE. WALKING THROUGH COUNTRY CONNECTS YOU TO THE HISTORY OF THIS PLACE.

The Larapinta Trail is an extended bushwalking track running west from Alice Springs to Mount Sonder (Rwetyepme); its 231 kilometres are fast gaining a reputation for offering one of the finest walking experiences in the world through the steep red slopes of the West MacDonnell Ranges/National Park (Tjoritja). The ranges rise dramatically from the Central Australian desert typifying the rugged landscapes of the Red Centre with the changing hues of the mountain peaks, rolling hills and dry river valleys made famous in the paintings of Albert Namatjira.

Our End to End Larapinta Trail trek is a 14 day wilderness adventure totally immersing you in the country, and allowing the time and space to fully appreciate and understand this spectacular place. The itinerary has been designed so we walk the entire length of the Larapinta Trail, all 231 kilometres, along with some special highlights not officially on the trail. You will experience all that the trail has to offer, from high ridgelines to sheltered gorges, open savana country to magnificent mountains, dry and flowing rivers, and the best examples of the West MacDonnell's vegetation and fauna. On each section you will be tested and rewarded until the final section: truly the trip of a lifetime.

Accommodation is basic bush camping style. This is a challenging day pack hiking adventure for experienced bushwalkers.

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WHAT'S INCLUDED

- All meals and snacks from lunch on Day 1 to lunch on Day 14 and all catering equipment.
- All camping equipment including sleeping bag, swag, pillow, bed linen and tent.
- Transportation provided in commercially registered, expertly maintained tour vehicles, with hotel pick up and drop off.
- 2 Trek Larapinta professional wilderness guides.
- Group first aid kit and satellite phone in the event of an emergency.
- All camping and National Park fees.
- Travelling with a culturally and environmentally responsible business.
- Small group with a maximum of 8 participants.
- **Tours do not include pre or post trip airfares or accommodation.**

IMPORTANT NOTES

The 14 day End to End trek requires a high level of bushwalking/walking experience and general fitness. As the Larapinta Trail becomes more popular the perception of its difficulty decreases. This however is not the case. The trail remains unrelentingly rocky and hard underfoot and weather extremes can be experienced at any time of year, so the more prepared you are the more you will enjoy the experience.

Days vary between 5 and 12 hours of easy to very challenging walking, depending on the section. The climb up and down Mt Sonder is a challenging 16km return with a 750m rise in elevation. Section 9 is a very challenging day covering a rocky distance of 29km, including some steep ascents and descents. This is an above average walking day both in kilometers and terrain - a high level of fitness and good bushwalking experience is required. Most trips will involve walking in the dark for sections like this at the start of the day. Your guides will brief you on safety protocol applicable to each section.

More information on preparation is included in the following pages, along with information on the itinerary, what equipment you need to bring, what we supply and general information to consider for your 14 day trek.

TREK GRADING : CHALLENGING TREK

See www.trektoursaustralia.com.au/trek-grading for more information about gradings.

Note: This itinerary is subject to change due to community regulations as well as governmental changes and natural circumstances beyond our control.

Please use this itinerary as a guide only.

Please read through the following information and please contact us at info@trektoursaustralia.com.au with any questions. We also recommend reading the information that the NT Parks and wildlife service provide at https://nt.gov.au/leisure/recreation/bushwalking-hiking/larapinta-trail.

FURTHER INFORMATION

Our style of walking is to take plenty of time to enjoy the birds, plants, animals, scenery and the fact of just being in the bush. We don't race from A to B, that way you can enjoy both the challenge and the beauty of the trail and surrounds - take a few photographs, sit down occasionally for a cold drink, ask questions about what you've seen, or just be. Please be aware though that the full End to End length trek is very challenging and at times will require the group to adapt to local conditions which may affect walking times and difficulty.

See the www.trektoursaustralia.com.au/booking-conditions/ for booking conditions and payment details.

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DAY 1: SECTION 1

After collecting you in Alice Springs from your hotel at 6.30am we begin our adventure on the Larapinta Trail at the historic Alice Springs Telegraph Station, the official start of this incredible wilderness journey. Our first morning is spent following the old telegraph line through the ancient granite rock country, north of Alice Springs. We cross the Ghan Railway, trek through dry riverbed sand along high escarpments to the top of Euro Ridge, where we enjoy a delicious fresh lunch overlooking the Alice Valley and the vast MacDonnell Ranges. The trail heads downhill to Wallaby Gap taking us past the Scorpion Pools, through large stands of Mulga woodland and many other flowering plants. A short side trip off the trail takes us to the first camp of the trip. After enjoying a delicious dinner preparted by your guides, we recount our first day's highlights and discuss tomorrows' walk, before going to bed under a ceiling of millions of stars.

20km/9hr walk
Meals: Brunch, Lunch, Dinner

DAY 2: SECTION 1/2

Each morning begins with a big healthy breakfast, freshly brewed coffee/tea before packing up camp and heading back onto the trail. Setting off from camp, we complete the final kms of Section 1. Climbing up to Hat Hill Saddle we are treated to views from that reveal our first close vistas of the rugged Chewings Range, a mountain range that we get to know very well in the coming days. We arrive early at the stunning Simpsons Gap and try to spot the Rock Wallabies enjoying their morning. We now continue our journey onto Section 2 where we enjoy easy to moderate terrain to pretty Bond Gap and around Arenge Bluff. Bird life in this section of the trail is prolific and the jagged ancient peaks of the Chewings Range beckons ever closer. We arrive at our camp tonight on the edge of a large Mulga forest, where camp will be set up again and refreshments and camp cooking ready to recharge us for the next day. The next three days are regarded by most to be some of the most spectacular and rugged walking on the Larapinta Trail, indeed, in the world.

21km/8-9hr walk
Meals: Breakfast, Lunch, Dinner

DAY 3: SECTION 2/3

Setting off early from Mulga Camp we trek through the unique Spring Gap onto the northern side of the Chewings Range, on the fringe on the southern tip of the Tanami Desert. We continue our walk along the cool river bed of Jay Creek onto Section 3, one of the trails most spectacular sections and one of our guides favourites! Today's walk is considered to be one of the most challenging yet scenically rewarding sections of the Larapinta Trail. Made up of deep sheltered gorges, exposed saddles and steep climbs, we are dwarfed by massive quartzite ridges and treated to magnificent views of the surrounding Chewings Range. We finish the day passing up and over the iconic Standley Chasm on the way to our camp. Around the camp fire tonight we enjoy another delicious meal prepared by your guides.

24km/10+hr walk
Meals: Breakfast, Lunch, Dinner

DAY 4: SECTION 4

Climbing up an open valley in the cool morning air, surrounded by giant orange quartzite peaks, is just a sign of things to come on this very scenic section of the Larapinta Trail. As we rise above the landscape along the high ridge of Brinkley Bluff, we become some of the privileged few to behold this truly stunning view. After a well earned rest and a bite to eat, we begin our long steep descent down the mountain past Rocky Cleft to Stuarts Pass. The last hour sees us walking in the footsteps of the man after whom the pass is named, enjoying a relatively easy section, providing a welcome respite after the rough terrain we have just hiked. Camp tonight is at the remote and secluded Birthday Waterhole.

20km/9hr walk
Meals: Breakfast, Lunch, Dinner

DAY 5: SECTION 5

We start our walk this morning climbing through the spectacular Spencer Gorge, with its narrow red walls and rare plant life it's a place we could spend hours, but today is one of the hardest sections on the trail, so after a quick stop we push on. As we keep rising, our view back down the valley and the surrounding mountains is awesome and it's about to get even better. Arriving at the top of Razor Back Ridge we are treated to what our guides say is the ultimate view. After balancing our way along the ridge, our journey continues up Linear Valley to the majestic Hugh Gorge, where we will find our camp for tonight.

17km/ 9hr walk
Meals: Breakfast, Lunch, Dinner

DAY 6 AND 7: SECTION 6

We spend two days completing section 6 of the trail earning a few well-deserved easier days as we cross the Alice Valley. Slowly moving away from the Chewings Range, we lose sight of familiar ground and a new landscape appears as we pass through the Heavitree Range, taking our first few footsteps on younger earth. The first night's camp is at Rocky Gully with the second night spent at Serpentine Gorge bush camp.

Day 6 16km/7hr walk
Day 7 16km/7hr walk
Meals: Breakfast, Lunch, Dinner

DAY 8: SECTION 7

Our journey continues today from Ellery Creek as we walk west along Section 7, trekking beside low dolomite ridges towards the spectacular Serpentine Gorge. Tonight, we settle into our Serpentine Gorge bush camp surrounded by the rugged beauty of the West MacDonnell Ranges.

After a rewarding day on the trail, we're joined by Amanda from Aboriginal-owned Irritja for a special bush medicine experience. Through stories and shared knowledge, Amanda introduces us to traditional bush medicine practices and the deep connection between people, plants and Country.

With our boots off, we'll enjoy a soothing bush medicine foot soak. A wonderful opportunity to rest tired feet, connect with local culture and appreciate the ancient landscape in a whole new way.

13km/6hr walk (+ optional 2km return side trip to Lookout)
Meals: Breakfast, Lunch, Dinner

DAY 9: SECTION 8

Today sees us high up on the Heavitree Range, walking along one of the Larapinta's classic sections, slowly heading towards one of the highlights along the trail, Counts Point. With its stunning views and incredible sense of space, it is a sensational place for a snack and some quiet, deep breathing. We descend from the ridge and make our way through a Mulga forest before returning to camp at Serpentine Gorge.

16km/7hr walk
Meals: Breakfast, Lunch, Dinner

DAY 10: SECTION 9

Our tenth day sets off along section 9, the longest section on the trail. Although hard, it is a beautiful section of the Larapinta which meanders through long valleys and up onto the high ridgelines opposite Mt Giles, offering us magnificent views west towards Mt Sonder. Following some rock hopping through Inarlanga pass the trail winds along a creek bed lined with inland Tea Tree and swings west into open country, before crossing three saddles on the way to Waterfall Gorge. In the quiet of the gorge we take some time to reflect and appreciate this special place for the Western Arrernte people. Following a steep zig-zagging path out of the gorge we summit The Lookout at an altitude of 1,088 metres, a magnificent panoramic vista opens out in front of us - stunning views with all the highest peaks in the West MacDonnell Ranges on show. Descending through the foothills, the trail cuts through rolling limestone hills dotted with Red Mallees and Desert Bloodwood Trees. We camp tonight in the Ormiston Gorge or Finke River region.

31km/11-12 hr walk
Meals: Breakfast, Lunch, Dinner

DAY 11: SECTION 10

Today we walk section 10 of the Larapinta Trail, taking us from Ormiston Gorge to the mighty Finke River. The Finke is one of the oldest watercourses on our planet and is dotted with massive River Red Gums and is home to a splendid array of birdlife. Wildflowers often bloom through this section. At the end of the day we have the chance to go for a swim in Glen Helen Gorge or the Finke River. We sleep tonight in the Ormiston Gorge or Finke River region.

10km/5hr walk (+ optional 2km return walk to Gorge)
Meals: Breakfast, Lunch, Dinner

DAY 12: SECTION 11A

Once we set off from the Finke River, we really start to feel our progression towards Mt Sonder, with each kilometre walked revealing closer views of this elegant desert peak. The wild flowers on this section are particularly beautiful and the giant River Red Gums stand tall and strong. Our second to last climb on the official trail is the well named Hill Top Lookout. From here we can fully appreciate our final challenge and look back towards where our journey began.

16km/7hr walk
Meals: Breakfast, Lunch, Dinner

DAY 13: SECTION 12

The day many of us have been waiting for! The challenging ascent to the summit of Mt Sonder (Rwetyepme). As we approach the top of our final climb the sense of achievement hits home, a vast 360-degree panorama of Central Australia surrounds us, rugged and yet from up here so very peaceful. Remote desert peaks stretch as far as the eye can see. The view north looks 100km into the Tanami Desert, to the east we see the majority of the Western MacDonnell Ranges and a large part of what we have walked in the previous days. To the south is the meteor crater of Tnorala Gosse Bluff and to the west Mount Zeil, the Northern Territory's highest mountain. After taking in the vastness, and acknowledging our achievement, we descend the mountain and transfer back to camp for a well-earned rest.

16km/7hr
Meals: Breakfast, Lunch, Dinner

DAY 14: SECTION 11B

After packing up camp for the last time, we transfer to Rocky Bar Gap for our last day on the Larapinta Trail. As we walk, we take the time today to reflect on the spectacular days of exploring we've experienced in ancient lands. Our final destination in Tjoritja National Park is the impressive Red Bank Gorge, another stunning feature of Central Australia. After lunch by the waterhole, chatting about our trip that was, we head back to Alice Springs, where we drop you off at your hotel around 4pm. An epic journey - a lifetime of memories.

13km/4hr walk (+2.5km return side trip to Gorge)
Meals: Breakfast, Lunch

Pick up from your accommodation will be at 6.30 am.

Day	Section	From - To	Kms	Hrs	Grade
1	1	Telegraph Station – Camp 1 (Camp off Section 1)	20	9	Grade 4 moderate to difficult
2	1/2	Camp 1 – Mulga Camp (via Simpsons Gap) (Camp at Mulga Camp)	21	8-9	Grade 4 moderate to difficult
3	2/3	Mulga Camp – Standley Chasm (via Jay Creek) (Camp at Standley Chasm or Hugh River)	24	10+	Grade 4 moderate to difficult
4	4	Standley Chasm – Birthday Waterhole (Camp at Birthday Waterhole)	20	9	Grade 5 difficult
5	5	Birthday Waterhole – Hugh Gorge (Camp at Hugh Gorge)	17	9	Grade 5 difficult
6	6	Hugh Gorge – Rocky Gully (Camp at Rocky Gully)	16	7	Grade 4 moderate to difficult
7	6	Rocky Gully – Ellery Creek (Camp at Serpentine Gorge bush camp)	16	7	Grade 4 moderate to difficult
8	7	Ellery Creek – Serpentine Gorge + optional 2km return hike to Lookout & Gorge (Camp at Serpentine Gorge bush camp)	13	6	Grade 4 moderate to difficult
9	8	Serpentine Gorge – Serpentine Chalet (Camp at Serpentine Gorge)	16	7	Grade 4 moderate to difficult
10	9	Serpentine Chalet – Ormiston Gorge (Camp in Finke River area)	31	11-12	Grade 5 difficult
11	10	Ormiston Gorge - Finke River +optional 2km return hike to Glen Helen Gorge (Camp in Finke River area)	10	5	Grade 3 moderate
12	11a	Finke River – Rocky Bar Gap (Camp in Finke River area)	16	7	Grade 4 moderate to difficult
13	12	Redbank Gorge – Mt Sonder (Camp in Finke River area)	13	4	Grade 4 moderate to difficult
14	11b	Rocky Bar Gap – Redbank Gorge +2.5km return hike to Gorge & Waterhole	16	7	Grade 3 moderate

Grading and description below is as per Northern Territory Parks and Wildlife Commission.

Please visit https://nt.gov.au/parks/find-a-park/tjoritja-west-macdonnell-national-park/larapinta-trail/larapinta-trail-walking-grades for further information.

****Please note all distances are approximate and subject to change. We have added km's to reflect additional walking to campsites, to/from vehicle drop off/pick up points.etc.****

****You may walk additional km's for side trips****

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THINGS TO KNOW:

14 DAYS IN THE BUSH

14 days out in the bush and on the trail is a great experience. Be sure that your boots are broken in and your personal equipment is in good shape and you are competent with using all your gear.

Although we come together as individuals, we share the experience as a group. This is a group holiday. There is always time for personal space, but by helping each other out and showing consideration for your fellow walkers, we can ensure a rewarding experience for all. Your guides are always available to talk to whilst on tour to help manage the wellbeing of you and the group.

For fundamental safety, group members need to be aware of each other's location whilst walking, remembering the old bush walking rule of 'keeping an eye on the person behind you'. This may require walkers to adjust their pace to the group. Faster walkers soon adjust to the joys of pausing in the shade, taking time to listen to the interpretive guide and absorbing the wonders of the trail.

WHAT YOU CARRY

Minimal weight: Because you have two guides—one on the trail to carry safety equipment and one back at camp organising the logistics of the tour—you only carry a day pack for your walk.

In your pack: Most of the weight will be water to sustain you while walking in the Central Australian climate, which (apart from the rare splashes of rain) is generally sunny and dry even on cold days. We recommend you carry at least 3 litres of water each day. In addition to water, you carry whatever snacks you'd like for the day, a windproof/ rainproof jacket, warm layer and any personal items (such as camera and binoculars) you'd like with you on the trail.

WHAT TO KNOW ABOUT WATER

Keeping yourself hydrated is even more important than keeping your feet blister free. Drinking enough water while walking will help you with the stamina and clear thinking you need to walk the trail. Please bring reusable water bottles or a bladder such as a Camelbak to carry a **minimum of 3 litres** for the day walks. Even in the cooler months, the dry air can cause you to drink more than you realise. We can't stress enough the importance of keeping your fluid intake up.

HEALTH AND FITNESS

You need to have a high level of health and fitness for the 14 day trek. The more physically ready you are the less likely you are to sustain an injury. Please talk to us if you have any health issues or other injuries which may affect your time with us, and don't be afraid to see your GP for advice on participating in this trip before you confirm your booking.

The Larapinta Trail is physically hard and just because you are on a guided trek doesn't mean it gets any easier! So, be as ready as you can be. Engage in aerobic activity 3-4 times a week for at least 1 to 2 hours each session during the 3 months prior to your trip; this might include walking, cycling, swimming etc.

Start to do some long bush walks as regularly as you can and do some full day bush walks with your pack weighing around 5-6kg to get you body used to walking with a load, starting at least 2 months in advance of the trek.

The Larapinta Trail is known for its unevenness and hardness under foot so make sure you do some walking over rough terrain (if you can find it). Feel free to talk to the Trek Larapinta staff about being prepared.

GOOD MEALS ALL DAY

With sustaining food for breakfast, fresh & tasty meals for lunch, quality camp-cooked food for dinner and plenty of snacks for the trail, you are bound to enjoy your meals with Trek Larapinta. We provide plenty of fresh fruit and vegetables, real coffee and tea. We pride ourselves on our fresh and healthy food.

CATERING FOR DIETARY REQUIREMENTS

With sufficient prior notice we are able to cater for vegetarian, dairy free and gluten free dietary requirements only. A vegan diet is also possible however please note suitable alternatives are not always available. More difficult special diets **cannot** be catered for in the remote environments we operate in. If you have a medical allergy to a specific food please get in touch **prior to booking** to discuss whether we can accommodate you. We appreciate your understanding with catering limitations for our treks.

ALCOHOL

Our insurance restricts us from supplying or selling alcohol, so please purchase your requirements in Alice Springs the day prior to your departure. If you are purchasing beer try to find cans as they travel better and cool down quicker. Fresh food takes priority in our fridges, however we can keep some of your beverages cold each day.

FOOTWEAR

The surface on much of the trail is hard and rocky, with sharp quartzite rock. It is very tough on boots and feet and sometimes older footwear can crack, break or fall apart. It's good to get the balance of boots that are worn-in but not worn-out. If the boots are "worn-in", it will reduce the chances that you'll get blisters. But if the boots are "worn-out", they are likely to fall apart on the tough surfaces of the trail.

So it helps to check your shoes well in advance of the walk. If they don't look certain to make the distance, it's helpful to buy a new pair at least a few months in advance and break them in properly prior to the trip. Retailers in quality outdoor-gear should also be able to give you good advice on buying new shoes. Your feet are likely to get hot rather than cold. Simple, good-quality breathable leather or synthetic trekking boots or good-quality, low-cut walking shoes are fine. It also helps to have good quality socks to fit your footwear. We wear well-padded thinner style of Merino wool sock or a synthetic moisture-wicking sock. Another thing to consider is packing a spare pair of alternative lightweight shoes or boots which you would be able to use in case of damage or blisters.

Comfortable footwear for around camp such as sneakers or sandals are great. We like to wear Ugg boots during the cool evenings!

CLOTHING

Temperatures do vary during the year (see temperature chart). You will know your preferred walking attire, but, as a guide, always bring clothing that can protect you from the sun during your day's walk, like a long sleeve shirt with a collar, a hat and some sunglasses. Long pants are good to have on cooler days, but shorts are very handy for most of the year (we don't recommend cotton or denim). Warm, lightweight jumpers for walking and a good rain coat are essential items. Ankle gaiters can help keep grass seeds and sand out off your shoes but are not essential (we wear the cotton ankle/sock protectors). Thermal layers are also very handy as they are light and warm. Think about the layering system when choosing your clothes.

For after the day's walk, casual clothing is all you need, plus some warm layers— including a beanie and gloves— for the chilly drop-off in temperature at night.

FEET

The temperature within your boots and also the hard and uneven terrain can quickly cause blisters or exacerbate other foot problems. Before a walk like this, have any corns, calluses etc. seen to, and make sure problem nails are trimmed and all nails cut. Come prepared with some form of blister prevention and, if you are prone to blisters, always tape up before the days walk **"prevention is the cure"**. Your feet will be very valuable to you during this tour, and a little preparation can go a long way.

OUR CAMP SITE

Our campsites will vary throughout the trip; for the first 7 nights we will be in different remote bush locations. On the second half of the trail we use 2 base camps transferring short distances to the trail. The camp sites at Serpentine Gorge and in the Ormiston Gorge region are used due to their beautiful bush settings and centralised locations between a number of sections which minimises transfer time. These campsites are set up individually for

each trip and are NOT the private semi permanent campsites experienced on our shorter Larapinta Trail treks offers.

There is a Total Fire Ban on the Larapinta trail, so we use camp sites away from the trail where, by permit, we are able to enjoy the delights of a camp fire. There will be a couple of nights where we are not permitted to have camp fires, due to National Park restrictions.

TOILETS

At all our bush camps we set up a portable composting toilet. Our composting toilet is simple yet comfortable, clean and private.

On the trail, responsible and minimal impact bush toilet protocol is to ensure that you toilet at least 100m from any trail or watercourse (including the sandy banks of ephemeral rivers in these regions) and dig at least 15cm down to make sure that it can be covered in such a way to avoid visual pollution or its discovery by fossicking animals.

SHOWERING

The trail is arid and somewhat remote, so whatever water we wish to use we need to bring in ourselves. On most afternoons, there will be hot water available for personal washing. Each guest will be given a small bowl with a couple of litres of hot water to have a wash and freshen up. Please note, there are some nights where due to our remote location hot water for personal washing WILL NOT be available

SLEEPING

Swags and the sky: Whether you've slept in a swag hundreds of times or never before, we think you'll enjoy this part of being out on the trail. A swag is a foam mattress protected by canvas, we supply bedding (sleeping bag, linen and pillow) that's clean, cosy and warm. We also provide you with a tent, so you can sleep inside or out under a ceiling of stars. Sleeping bags rated to minus 5 degrees are provided.

WHAT TO KNOW ABOUT SWIMMING IN WATERHOLES

We can swim in some of the waterholes we come to. As part of responsible and minimal impact travel, we can't wash in them, and it's good to have a bit of a "bird bath" or "wipe off" beforehand, to remove sunscreens so we can avoid polluting these valuable drinking sources for animals in this desert land. The water can be a bit chilly, but it can be refreshing to take a plunge after walking for a day, so bring along some bathers as well as your towel.

STAYING IN TOUCH

On some of the high ridgelines you may find limited Telstra reception. There is also Telstra service at Standley Chasm. Optus customers may also have limited service at Ormiston Gorge. Otherwise there is no mobile service on the trail. We encourage you to 'switch off'! In addition to other emergency communication devices we carry a satellite telephone on all of our tours for use in emergencies.

CAMERAS AND ELECTRONIC DEVICES

We are able to charge most camera batteries via your own charger plugged into our sine wave inverter. We are also able to charge electronic devices via USB connections Don't forget spare memory cards and other camera accessories you may need.

BAGS

You'll need a good quality day-pack with a comfortable harness for walking and another, larger bag to hold all your other things back at camp. Large backpacks or other soft bags are easier for us to fit in the trailer than suitcases and also tend to be better suited to camping. We have limited space so the smaller your luggage bag the better. Enquire about leaving excess luggage at your hotel.

VEHICLE STORAGE

We don't have any facilities for vehicle storage. If driving to Alice Springs please arrange to leave your car at your hotel or other storage facility such as the airport.

FLIGHTS

Please arrange your flights into Alice Springs at least one day before the trek starts and arrange your departure flights from Alice Springs at least one day after the trek finishes. At the start and end of our walking season (April and September) you might want to consider a couple of days in Alice Springs pre tour to acclimatise to Central Australia prior to your trek

PRE/POST TREK ACCOMMODATION

Trek Larapinta has secured discounted accommodation at a number of Alice Springs hotels.

For further information about the hotels and to book please check out our website at: www.trektoursaustralia.com.au/accommodation/

TRAVEL INSURANCE

Trek Larapinta recommends all travellers have adequate insurance/cover for their trip. We highly recommend insurance cover that covers any loss which may be suffered due to cancellation.

WHAT TO KNOW ABOUT WEATHER

Winter weather in Central Australia is near-perfect for walking. You predominantly enjoy sunny blue skies, but with the moderate temperatures of winter rather than the baking heat of summer. But when night falls, the temperature drops fast! So come prepared for warm days and chilly nights. The Larapinta can experience heavy rainfall periods so make sure you have a good working raincoat with you.

	Apr	May	Jun	Jul	Aug	Sep
Av. Max	28	23	20	20	22	26
Av. Min	12	8	5	4	6	10
Rainy Days	2	3	3	3	2	2