

WHAT EQUIPMENT TO BRING ON YOUR BUNGLE BUNGLE TREK

The following list sets out all the clothing and equipment you are required to bring for you to participate in the Bungle Bungle Trek.

E indicates essential item of equipment

H indicates available for hire

Clothing	Equipment
1 Woolen /Polar fleece jumper. Must be wool or synthetic fiber. E	Backpack 70-90 litre capacity E, H (\$50)
2 T-shirts/Long sleeve shirts	Mosquito dome (we provide) E
Walking trousers (not jeans) or walking shorts	Light weight inflatable sleeping mat (we provide) E
Wool walking socks E	Sleeping bag rated to 3 seasons (we provide) E
Sunhat E	Inner sheet (we provide) E
Underwear	Head torch with spare batteries and globe E
Sock gaiters E	Sunglasses
Swimmers E	Combination of water bottles & water bladder minimum 3 litres E
Warm hat/beanie E	Travel Towel
	Compact day pack for days 2-4 E
	Catering equipment including cutlery, cups, plates, bowls (we provide) E
Footwear	
Boots must be lace up, ankle high, leather or leather/fabric construction with a sturdy rubber sole. They must be well worn-in but not worn-out. E	Personal Toiletries and First Aid
Spare comfortable shoes or sandals with straps.	Personal toiletries/medication
	Sunscreen and lip balm E
	Personal first aid kit - blister protection E
Optional Equipment	Insect repellent cream
Camera	
Pillow	
Walking poles	
A good book!	Please contact us with any questions.