

WHAT EQUIPMENT TO BRING FOR THE JATBULA TRAIL ADVENTURE

The following lists set out all the clothing and equipment you are required to bring for you to participate in this adventure. The gear check prior to your departure from the meeting area will ensure that you have covered all aspects of the required gear without over packing.

Depending on the quality and quantity of personal gear and toiletries, the average pack will weigh up to 15kg, including a portion of the group's food supplies.

E indicates essential item of equipment

H indicates available for hire

| Clothing | Equipment |
|--|---|
| 1 Woollen/Polar fleece jumper. Must be wool or synthetic fibre. E | Backpack 70 litre capacity E, H (\$50) |
| 2 T-shirts/Long sleeve shirts | We provide light weight inflatable sleeping mat E |
| Walking trousers (not jeans) or walking shorts | We provide sleeping bag rated to 3 seasons E |
| Wool walking socks E | We provide inner sheet E |
| Sunhat E | We provide mosquito dome E |
| Underwear | Head torch with spare batteries E |
| Thermals - top and bottom (wool or synthetic) | Combination of water bottles and water bladder minimum 3 litres E |
| Swimmers E | Towel |
| Warm hat/beanie E | We provide all catering equipment including cutlery, cups, plates, bowls E |
| Sunglasses | |
| | Personal Toiletries and First Aid |
| | Personal toiletries |
| Footwear | Sunscreen and lip balm E |
| Boots must be lace up, ankle high, leather or leather/fabric construction with a sturdy rubber sole (runners or sandals are not adequate). They must be well worn-in but not worn-out E | Personal first aid kit - blister protection |
| Sandals with straps or shoes for end of the day | Insect repellent cream |
| | |
| Optional Equipment | Optional Equipment |
| Camera | Walking poles |
| Pillow | A good book! |
| Binoculars | Maps |
| Please contact us with any questions. | Sock gaiters |