

WHAT EQUIPMENT TO BRING ON YOUR KAKADU EXPLORER TREK

The following list sets out all the clothing and equipment you are required to bring for you to participate in the Kakadu Explorer Trek.

E indicates essential item of equipment

H indicates available for hire

| Clothing | Equipment |
|--|---|
| 1 Woolen /Polar fleece jumper. Must be wool or synthetic fibre. E | Backpack 70-90 litre capacity E, H (\$50) |
| 2 T-shirts/Long sleeve shirts E | Light weight inflatable sleeping mat (we provide) E |
| Walking trousers (not jeans) or walking shorts E | Sleeping bag rated to 3 seasons (we provide) E |
| Wool walking socks E | Inner sheet (we provide) E |
| Underwear | Mosquito Dome (we provide) E |
| Sunhat E | Head torch with spare batteries and globe E |
| Swimmers | Sunglasses |
| Gaiters - knee length E | Combination of water bottles & water bladder minimum 3 litres E |
| Warm hat/beanie E | Travel Towel |
| | Catering equipment including cutlery, cups, plates, bowls (we provide) E |
| | |
| Footwear | Personal Toiletries and First Aid |
| Boots must be lace up, ankle high, leather/fabric construction with a sturdy rubber sole. They must be well worn-in but not worn-out. E | Personal toiletries |
| Spare comfortable shoes or sandals with straps. | Sunscreen and lip balm E |
| | Personal first aid kit - blister protection E |
| | Insect repellent cream |
| | |
| Optional Equipment | Optional Equipment |
| Camera | Walking poles |
| Pillow | A good book! |
| Binoculars | |