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KANGAROO ISLAND WILDERNESS TRAIL | 5 DAYS | 55 KM

KANGAROO ISLAND (KI) IS SOUTH AUSTRALIA'S PREMIER NATURE-BASED TOURISM DESTINATION. THE FIRST THING THAT STRIKES YOU WHEN YOU ARRIVE ON KI IS THE SCALE OF THE PLACE - ONLY 15KMS FROM THE SOUTH AUSTRALIAN MAINLAND, THE ISLAND IS THE THIRD LARGEST OF AUSTRALIA'S ISLANDS AT 4,500 SQ KM. THE KANGAROO ISLAND WILDERNESS TRAIL OFFERS A UNIQUE WALKING EXPERIENCE, OFFERING ACCESS TO ONE OF THE MOST RUGGED, REMOTE AND SPECTACULAR COASTLINES IN AUSTRALIA.

Trek Tours Australia offer a 5 day/4 night fully accommodated guided walking holiday to this truly unique island environment. Our expert guides showcase this walking destination, offering a supported walking holiday along the Kangaroo Island Wilderness Trail, along with some extra must-see island experiences. With it's rugged coastlines, spectacular old growth native flora and of course the most incredible native wildlife - the Kangaroo Island Wilderness Trail is one of the must-do walking destinations in Australia.

Today, more than a third of the island is declared conservation or national park and has five significant wilderness protection areas. We spend the majority of our time exploring, walking and swimming at the western end of the island. Our food is a real highlight of this trek - we pride ourselves on serving fresh, nutritious and tasty meals and snacks. This is a day pack walking holiday.

Spring and autumn are the best times to visit the Kangaroo Island Wilderness Trail as it enjoys mild sunny days and cooler evenings. We look forward to seeing you over there.

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WHAT'S INCLUDED

- Transport from Adelaide to Kangaroo Island and return.
- 4 nights beach house accommodation (twin share).
- Ranger guided tour at Seal Bay.
- Ranger guided tour of Kelly Hill Caves.
- National park entry fees.
- Expert wilderness guides.
- Emergency communications and group first aid kit.
- 4 fresh healthy breakfasts, 5 scrumptious lunches, 5 delicious dinners.
- All delicious snacks on the trail

- Alcohol is not provided. Please bring any alcohol you wish to enjoy or it can be purchased on Kangaroo Island.
- This is a small group walking tour - maximum 10 people.

IMPORTANT NOTES

Our 5 day Kangaroo Island Wilderness Trail trek is rated a moderate walk, we advise you to do as much training as you can before your tour with us. The more you train for the walk the easier you will handle the terrain and the more you will enjoy this wonderful part of the world. It's also important to come along with an open mind, ready for an awesome experience whatever the weather, whoever the group. It is very important that you bring the right gear for the conditions. A comprehensive gear list is included in this brochure. If you are at all concerned about your ability to do this walk, please feel free to call Trek Tours Australia for more advice.

TREK GRADING : MODERATE TREK

See: www.trektoursaustralia.com.au/faq/trek-gradings/ for more information about gradings.

DAY 1: ADELAIDE, FERRY TO KI, KELLY HILL TO HANSON BAY

We pick you up from your city hotel from 6am and transfer to Cape Jervis for the ferry to Penneshaw, Kangaroo Island. Upon arrival on KI, we drive to Kelly Hill to begin our walking. We start with a spectacular trek through the Kelly Hill Conservation Park, immersing us amongst Banksia Heath, Pink Gum Woodlands, and rugged Mallee. We trek alongside freshwater lagoons and over dunes to viewpoints providing incredible vistas inland and along the coast. We arrive at the magnificent Hanson Bay, where there may be time for quick dip in chilly ocean before we drive to the picturesque Vivonne Bay, and settle in to our beach house accommodation. While your guides are preparing a beautiful evening meal, you may wish to take a walk along the bay, or just relax and take it all in. This is home for the next 4 nights.

9kms | Lunch and Dinner

DAY 2: SNAKE LAGOON TO CAPE DU COUEDIC

Day two on the Kangaroo Island Wilderness Trail takes us along the Rocky River towards its mouth at the coast. Not long into the walk you'll be rewarded with your first breathtaking view of the mighty Southern Ocean. Here at the edge of the world there is nothing but the deep blue sea between you and Antarctica. The trail then heads south along the island's wild and rugged coastline where birds of prey may be seen flying over the land and sea. Keep an eye out to sea for a chance to spot bottle-nosed dolphins, or perhaps a seal or sea-lion. If you're visiting between June and early October, you may even be treated to the majestic sight of Southern Right Whales on their annual migration to the Great Australian Bight. Upon reaching Maupertuis Bay we descend from the clifftop onto the bone white beach below. Seafarers found this wild coastline unforgiving, with the remnants of shipwrecks that cost the lives of many, still visible today. The trail eventually winds its way back up to the rocky clifftop, bringing you ever closer to the famous Cape du Couedic Lighthouse that sits atop the headland in the distance. Pause for a final look back on your day's journey along the spectacularly beautiful coastline of Maupertuis Bay. When the trail turns inland you'll be treated to softer conditions underfoot for the final stretch. We visit nearby Admirals Arch to view the enchanting antics of Australian and Long-nosed fur seals and Australian sea-lions, that visit this section of the coast. We finish the day with a spectacular sunset before a short transfer to our accommodation.

15kms (+1km return to Admirals Arch)
Breakfast, Lunch and Dinner

DAY 3: RAVINE DES CASOARS, CAPE BORDA, KELLY HILL CAVES

Today we drive to the north-western tip of Kangaroo Island to the start of our day's walk, the spectacular Ravine Des Casoars hike. The track starts in lush forest teaming with a huge variety of birds and wildlife. Hiking closer to the coast the vegetation changes and the beautiful beach and impressive sea caves come into view. We have a water crossing here that can range from ankle to waist deep and our guides will expertly and safely guide you across. We enjoy morning tea on the beach and explore the coast before making our return journey along the same route. A short transfer takes us to Cape Borda. The area boasts the highest sea cliffs in South Australia, is steeped in maritime history and is also home to the uniquely shaped Cape Borda Lighthouse. After enjoying lunch we return to the south of the island and this afternoon we are treated to a fascinating tour of the Kelly Hill Caves before returning to our accommodation for another tasty meal prepared by your guides.

10kms | Breakfast, Lunch and Dinner

DAY 4: REMARKABLE ROCKS TO HANSON BAY

An early start this morning to avoid the crowds and catch first light at Remarkable Rocks. Incredible photo opportunities abound as we walk amongst the 500 million year old precariously balanced granite boulders; their stunning abstract shapes and colours are a Kangaroo Island must see! Continuing on the Wilderness Trail, the trail hugs the coastline and offers cinematic views that inspire both awe and contemplation – be sure to glance back from time to time for an ever changing view of the captivating Remarkable Rocks. Throughout our hike the Island's abundant native wildlife comes into focus as the trail takes us through undisturbed native vegetation and spectacularly rugged coastal scenery. After a short side-trip to the isolated and pristine Sanderson Bay, the trail meanders inland and heads towards Hanson Bay where we are treated to a dramatic change in vegetation from low coastal heath to tall dense mallee and tea tree. Transfer to our accommodation.

18kms | Breakfast, Lunch and Dinner

DAY 5: SEAL BAY GUIDED WALK, AFTERNOON FERRY, DRIVE TO ADELAIDE

It's our last morning on Kangaroo Island. We enjoy our final breakfast of the trip before we depart our wonderful accommodation. We make our way to Seal Bay Conservation Park, where we enjoy a National Park Ranger guided walk amongst one of the world's rarest mammals, the Australian Sea-Lion. After the tour, we visit one or two sites to enjoy some local delights. It may be the Honey Farm, KI Spirits or perhaps a Winery.

After enjoying lunch on the island and reminiscing about our week that was, we make our way to the terminal and board the ferry back to the mainland, saying goodbye to Kangaroo Island

We plan to arrive back in Adelaide around 5.30pm

1-2kms | Breakfast, Lunch