



## **TARKINE RAINFOREST EXPERIENCE**

### **4 DAYS | 20 KM**

4 MAGICAL DAYS IMMERSED IN THE TARKINE WILDERNESS

The Tarkine is a remote and secluded mystery awaiting your discovery. In Tasmania's North West corner, nestled between the Arthur Pieman River to the South and the wild Western coastline, it feels a world away from our busy existence. The Tarkine region is home to the Southern Hemisphere's second largest expanse of cool temperate rainforest; whose biological evolution dates back millennia, providing us today with a unique richness in biodiversity, unseen in most parts of the world. Indeed, it is said that you can walk off track and possibly find yourself walking where no person has walked before.

Come and immerse yourself in this rainforest wonderland at our exclusive eco-camp, Tiger Ridge; to switch-off from deadlines and traffic-jams and wake up to the intricate natural world around you. Sitting on the balcony overlooking a deeply forested valley of ancient myrtles, rich green mossy forest floor and species of colourful fungi still being discovered. It is impossible not to be captivated by the Tarkine's magnificent story unfolding before you. Everywhere you look there is life.

The emphasis for this journey is on enjoying the remote wilderness, in comfort. We spend our days exploring the surrounds of the magnificent rainforest, the unique natural wonders of the surrounding forest and the untouched Huskisson River. Each days' walking is completed at a leisurely pace to suit the fitness of the group, carrying only your own lightweight day pack. Upon your return to Tiger Ridge after your day of exploring, enjoy a cup of tea on the balcony or visit our warm water Japanese-style washroom. It's like camping, but with little luxuries.

For meals, our dining table, set among the ferns, transforms nightly into a platter of fresh local foods. Accompanied by some Tarkine yarns from your guides, it is the perfect way to end a day walking amongst one of the most ancient rainforests on earth. Retire to your private standing tents fitted with comfortable beds and the sounds of the rainforest to help you drift off to a most restful sleep.

## WHAT'S INCLUDED

- Exclusive twin share accommodation and camp equipment at Tiger Ridge
- 3 breakfasts, 4 lunches and 3 dinners
- All delicious snacks for on and off the trail
- Professional guides with a passion for Tasmanian wilderness
- All bedding, including high quality sleeping bag, inner sheet and pillow
- All wet weather gear, including waterproof jacket and over pants
- Emergency satellite communication/navigation equipment.
- Wilderness first aid equipment, safety gear and supplies.
- Transport from Launceston and return.
- Alcohol is not included

## TREK GRADING : MODERATE TREK

See: [www.trektasmania.com.au/faq/trek-gradings/](http://www.trektasmania.com.au/faq/trek-gradings/) for more information about gradings

## IMPORTANT NOTES

Your 4 Day Tarkine Rainforest Experience is graded as an introductory/ moderate tour. We advise you to do as much training as you can before your tour. The more you train for the walk, the easier you will handle the terrain and the more you will enjoy this wonderful part of the world. It's also important to come along with an open mind ready for an awesome experience, whatever the weather.

The Tasmanian weather can be unpredictable; storms can arise very quickly and heavy rain and even snow can fall at any time of the year. It is very important that you bring the right gear for the conditions.

Please note that the Tarkine is a remote wilderness and therefore, access via remote roads is required and driving times might differ depending on local conditions.

Note: This itinerary is subject to change with any change in community regulations as well as governmental changes and natural circumstances beyond our control.

## TIGER RIDGE

The base camp at Tiger Ridge is truly unique and the perfect basecamp for you to truly experience the wonder of the Tarkine. Its design creates a balance between offering you some creature comforts whilst not removing you from the ability to immerse yourself in this rainforest home. We feel it is extremely important to the experience to be able to be a part of the landscape that you are visiting rather than detached inside built-up infrastructure.

Tiger Ridge allows our guests to truly get back to nature and escape the unavoidable hustle and bustle we now endure on a daily basis. Tiger Ridge is very comfortable but remains humble, sitting perched upon a beautiful ridge line overseeing the Tarkine. The long house is where we all gather for delicious breakfasts, hearty dinners, a few laughs and some interpretation from our guides.

Complete with kitchen, specially designed wood fire, a large dining table and a balcony hanging out over the

ridge, the long house has created many memories since its creation. A large amount of our relaxation time is spent here, enjoying good company and the serenity of the rainforest. However, you are free to retire at any time to your accommodation.

Designed to let you feel as much a part of the rainforest as possible, your sleeping quarters are twin share, large, tents spread throughout the rainforest. Complete with wooden-frame beds and mattresses designed for back support, our regular feedback is that our guests have never had such a good night's sleep!

We consider our base camp at Tiger Ridge to be as close to being one with the rainforest as is possible while still having little luxuries along the way. It has been designed to be particularly environmentally friendly and to allow our guests to access some of the most remote and untouched landscapes left remaining in the world.



## DAY 1: DEPART LAUNCESTON AND TRANSFER TO TIGER RIDGE CAMP

This morning we collect you from your Launceston accommodation between 7:30am and 8:00am and transfer you to the Aspire Adventure Equipment gear store in Launceston for a trip briefing. Your guides will do a thorough gear check, just to make sure you have everything needed for our Tarkine Trails adventure.

Our first day will transfer you from Launceston into the vast quiet of the Tarkine. We stop for morning tea and an introductory briefing before continuing to our remote destination deep on the edge of the Tarkine. Today's walk is about arriving at your rainforest home and our walking route immerses us into the vast rainforest landscape immediately. We invite you to keep a look out for the Tiger Ridge camp as it is cleverly nestled into the surrounding forest and will surprise you.

Once at camp, it is all about settling in and enjoying your new forest home. Food, fire and the company of new friends are essential ingredients to this process. Every meal that is served bears testimony to the quality of Tasmanian produce. By the end of today you'll feel as if you haven't just traversed Tasmania but transcended it.

Up to 5kms walking  
Meals: Lunch, Dinner

## DAY 2: RAINFOREST VALLEY WALK

Begin to understand the ancient relationships of a rainforest landscape with a day of total forest immersion. Our walk today, focuses on the beautiful forests to the east of Tiger Ridge. Today is about getting to know and understand the cool temperate rainforest and its numerous landscapes and ecosystems. Your guides will introduce you to the subtleties of the rainforest, its complex web of self-perpetuating life. Start to discover the micro world of the rainforest, including the unique fungi, plants and insects that may well go unnoticed to the untrained eye. Slowly, the forests intricacies will unfold before you and everything's interconnectedness will be revealed.

With our knowledgeable and passionate guides introducing you to the relationships that indigenous Tasmanians have shared with a wide variety of plant species, you will begin to feel as though you have stepped back in time, tens of thousands of years. There are a few different walks to choose from that your guides will tailor to each individual group.

After another relaxed evening meal, we'll review what we've discovered and what the cameras have captured that day. Afterwards, we may venture out with our headtorches to discover what goes on around us in the mysterious Tarkine night.

5kms walking  
Meals: Breakfast, Lunch, Dinner

## DAY 3: EXPLORING A RIVER

Starting the day on the balcony with your favourite morning beverage, taking in the incredible birdlife of the rainforest, you may be thinking, "I could really get used to this!" Look out for yellow-tailed black cockatoos, green rosellas and even the endangered white goshawk.

Our day today features a slow walk down to the Huskisson River. Walk beneath the most ancient of rainforest forms - the cathedral-shaped callidendrous forest. The Huskisson itself is a wild river that broadens in the valley floor and, if the water level is low, meanders and warms in pools perfect for a midday swim. After lunch we too meander in this valley for a time, before making our way back to Tiger Ridge to relax and refresh before dinner. Tiger Ridge's Japanese-style washroom hangs out over the ferns and myrtles in the basin below. It truly is a bathroom with a view. Then, after another meal of amazing Tassie produce, we settle around the fire for our last night in this amazing wilderness.

7kms walking

Meals: Breakfast, Lunch, Dinner

## DAY 4: DEPART TIGER RIDGE CAMP VIA WARATAH TO LAUNCESTON

On your last morning in the stunning Tarkine, take in the incredible rainforest for one last time (for this trip, at least!); share your highlights with your companions and prepare for your walk out of the wilderness. Although it is time to say a sad farewell to your rainforest home, we have one last stop before our journey comes to an end.

The small scenic town of Waratah sits on the edge of the Tarkine wilderness. Once home to the richest tin mine in the Southern Hemisphere, there is much to learn and discover. This is your time to explore and enjoy what this remote, historical village has to offer and reacquaint yourself with civilisation before heading home. Best sure to visit the unique water piece in the centre of town. After lunch we'll continue to Launceston via a delicious local product stop. We will return you to your Launceston accommodation for the night to reminisce on the rainforest that captivates and inspires so many before you head home.

2kms walking

Meals: Breakfast, Lunch,

## WHAT EQUIPMENT TO BRING ON YOUR TARKINE WILDERNESS TREK

The following list sets out all the clothing and equipment you are required to bring for you to participate in the Tarkine Rainforest Experience.

**E** indicates essential item of equipment

**H** indicates available for hire

Clothing		Equipment	
Rain jacket with storm hood attached. Must be seam sealed waterproof breathable fabric (Gore-Tex or equivalent 3 layer membrane). We recommend mid thigh length with full front zip opening which must have a storm flap. <b>E, included</b>		Twin share standing tent <b>E, included</b>	
Waterproof over pants (Gore-Tex or equivalent 3 layer membrane) <b>E, included</b>		Single bed with mattress <b>E, included</b>	
1 Woollen/polar fleece jumper - must be wool or synthetic fibre <b>E</b>		Sleeping bag rated to 3 seasons <b>E, included</b>	
2 Long sleeve thermal tops (wool or synthetic) <b>E</b>		Sleeping inner sheet for extra warmth and keeping your sleeping bag clean. Also suitable for warmer nights when your sleeping bag is adequate as a blanket <b>E, included</b>	
1 Long thermal pants (wool or synthetic) <b>E</b>		45L pack with waist harness <b>E</b>	
2 T-shirts/Long sleeve shirts		Head torch with spare batteries <b>E</b>	
Warm trousers - wool or synthetic fibre		Sunglasses	
Walking trousers (not jeans)		Water bottles or water bladder - minimum 2 litres <b>E</b>	
Walking shorts		Swimmers and Towel	
Walking socks - wool or thermal <b>E</b>		Gaiters <b>E, H (\$30)</b>	
Warm gloves or mittens <b>E</b>			
Sun hat <b>E</b>			
Warm beanie <b>E</b>			
Underwear			
Footwear		Personal Toiletries and First Aid	
Boots must be lace up, ankle high, leather or leather/fabric construction with a sturdy rubber sole. Ideally boots will have a waterproof lining or for full-leather have been waterproofed. They must be well worn in but not worn out. <b>E</b>		Personal toiletries	
Sandals with straps or shoes for the end of the day.		Insect repellent cream (please do not bring spray repellent)	
		Sunscreen and lip balm <b>E</b>	
		Personal first aid kit with tape for treating and preventing blisters and any personal medication.	
Please contact us with any questions.		Optional Equipment	
		Camera	
		Book	
		Binoculars	
		Walking Poles <b>H (\$30)</b>	